

Seborrheic Dermatitis

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I remember the day I first visited Dr. Mehra's clinic about 2 years ago. I was not very confident about the science of homeopathy, and came to him only because of pressure from my wife. However, after meeting him, I was exposed to a whole new concept of medical treatment process.

Dr. Mehra does not believe in only treating the disease, whereas he believes in giving 'overall health' and also ensuring 'complete cure' to the patients.

He started by explaining root cause of my disease. I was having severe problem of Seborrheic Dermatitis since 8-10 years. I had taken various allopathic treatments, shajed shampoos, ~~etc~~ but the problem did not go.

Dr. Mehra focused on my diet. He highlighted the food which I should avoid and also what I should eat. Though I am not a ~~disciplined~~ disciplined patient and many a times did not follow instructions given by doctor, but still tried to change my habits as much as possible.

After about an year's medicine and treatment, I ~~have~~ and Dr. Mehra have been able to reduce my problem by 80%. I am sure that if I continue with the treatment and be more disciplined, I will be free of Seborrheic Dermatitis, and will never get this problem again.

My suggestion → 1) Trust your Doctor.
2) Be disciplined.

VAIBHAV HIRIDE

Towers

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